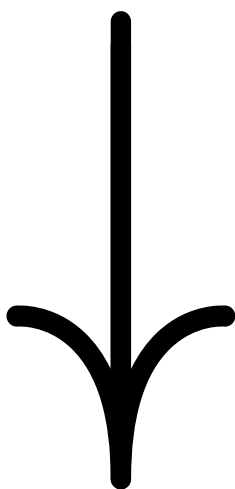
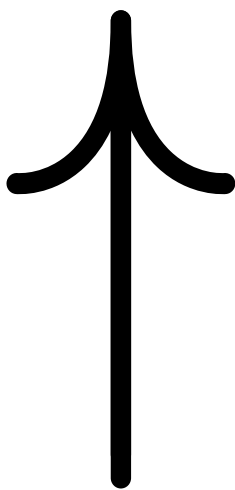


**SPRINGS-BISTRO**



**FOOD**





# LUNCH MENU

**Available 12-2pm ONLY**

## **Superfood Bowl \$12**

Quinoa, sweet potato, broccolini, avocado, toasted nuts, dukkha, goat's cheese

## **Quiche of the Day \$12**

See our friendly staff, served with tomato chutney, chips and salad only

## **Fish and Chips \$12**

Beer battered hoki served with chips and salad only, tartare and lemon wedge

## **Thai Beef Salad (GF) \$12**

Stir fried beef strips, glass noodles, cucumber, carrots, bean sprouts, mint and roasted nuts

## **Salmon Patties \$12**

Served with chips and salad only and creamy garlic sauce

## **Crumbed Calamari \$12**

Served with chips and salad only, tartare sauce and lemon wedge

## **Mini Seafood Plate \$12**

Served with chips and salad only, tartare sauce and lemon wedge

## **Beef Lasagne \$12**

Served with salad only

## **Pumpkin Risotto (GF, V) \$12**

Roasted pumpkin, Bulgarian fetta, spinach  
*Add chicken \$2*

## **Cannelloni \$12 (V)**

Pumpkin, spinach, ricotta cheese served with salad only

## **Roast of the Day \$12 (GF)**

Overnight slow roasted meat of the day, served with roasted chargrilled pumpkin, potatoes, peas and gravy

## **Grilled Steak Sandwich \$12**

Grilled minute steak cooked medium served with iceberg lettuce, tomato relish, dill pickle, caramelised onion, aioli served on panini and chips

*Add Bacon \$3 / Add Egg \$3*

## **Chicken Schnitzel \$12**

Served with chips and salad only

## **Mixed Grill \$15**

BBQ sausage, minute steak, bacon, egg, served with chips and salad only

## **Chicken Parma \$15**

Served with chips and salad only

## **Margherita Pizza (V) \$12**

Buffalo mozzarella, cherry tomato, basil and Napoli sauce

*Please note, no alterations to the menu as we don't want refusal to offend*

## STARTERS

### **Garlic Bread \$8**

Oven toasted garlic baguette triangles

*Add cheese \$2*

## TAPAS

**\$8 Each or Select 4 tapas for \$30**

**Parmesan polenta chips** with aioli (GF,V)

**Karaage Chicken**, crispy fried spicy chicken with kimchi and kewpie mayo

**Tostadas and Tijuana** chicken with cebollas onion, agrio cream

**Steamed devilled ginger prawn dumplings** with crispy band prawn and xo sauce

**Szechuan pepper calamari** served with smokey paprika aioli

**Mushroom and mozzarella arancini** served with paprika aioli (V)

**Middle Eastern homemade dips** - chickpea hummus, eggplant moutabel, muhammara served with warm pita bread (V)

*Extra pita bread \$3*

## CLUB FAVOURITES

### **Chicken Schnitzel \$22**

Crumbed chicken breast served with salad and chips or vegetables only

### **Chicken Parma \$25**

Crumbed chicken breast with Virginian Ham, Napoli sauce, melted cheese served with chips and salad or vegetables only

### **Steak Sandwich \$24**

200gm Porterhouse cooked medium with tomato relish, iceberg lettuce and caramelised onions on a panini served with chips

### **CSGC Chicken Burger \$22**

Chicken breast, coleslaw, guacamole, chilli aioli, bacon, cheese, onion rings, chips, milk bun

### **Fish & Chips \$25.5**

Beer battered hoki served with salad and chips only, tartare sauce and a lemon wedge

## MAINS

### **Chicken Roulade (GF) \$28**

*Filled with brie, spinach, capsicum served on scallop potato, asparagus and creamy red pepper sauce*

### **Superfood Bowl (V,GF)\$20**

*Quinoa roasted sweet potato, broccolini, avocado, toasted pine nuts, goat's cheese, dukkha and house dressing*

### **Linguini Marinara \$28**

*Tossed with fresh seafood, garlic and tomato sugo*

### **Cannelloni (V) \$23**

*Filled with pumpkin, spinach and ricotta cheese served with a garden salad*

### **Risotto Pollo Fungi (GF,VEG) \$24**

*Tossed with chicken pieces, mushroom and cream*

### **Tortellini Alla Boscaiola \$22**

*Pasta cases filled with beef, tossed with bacon, mushrooms, garlic and cream*

### **Rigatoni Al Diavolo \$22**

*Tube pasta tossed with hot salami, black olives, chilli, onion and tomato*

### **Main Calamari \$26**

*Szechuan pepper calamari with rocket salad, chips and lemon wedge*

### **Pork Belly (GF) \$26**

*12hr roasted crispy skin pork belly, braised red cabbage, mashed celeriac, pineapple salsa and red wine jus*

### **Scaloppine Al Saltimbocca \$26 (GF)**

*Baby veal with white wine, prosciutto, sage and butter served with mashed potato and broccolini*

### **Beef Lasagne \$24**

*Pasta sheets layered with bechamel, bolognese, mozzarella, parmesan and a Napoli sauce*

### **Chicken Stir Fry \$24**

*Crispy Asian vegetables, hokkien noodle, fried shallots and toasted sesame seeds*

### **Market Fish of the Day (GF) \$27**

*Served with mashed potato and asparagus with a lemon butter sauce*

## FROM THE GRILL

**300gm Scotch fillet (GF) \$32**

**300gm Porterhouse (GF) \$29**

Served with chips and salad or potato and vegetables with a choice of the following (GF) sauces

Pepper, mushroom, red wine jus, gravy, garlic butter

## WOODFIRED 12' PIZZA

**Ultimate Meat Lovers \$22**

Napoli, mozzarella cheese, beef, pepperoni, pulled pork, bacon, onion, bbq sauce

**Magatz Pizza (V) \$18**

Slow roasted beetroot, goat's cheese and rocket

**Prosciutto \$22**

Prosciutto, semi dried tomato, rocket and shaved parmesan

## SIDES

**Roast chats** with garlic and rosemary **(GF) \$6**

**Chips** with aioli \$8

**Seasonal vegetables** toasted in sage butter **(GF) \$6**

**Garden salad (GF) \$8**

**Mashed Potato \$8**

**Onion Rings \$8**

## KIDS

All \$12 (strictly 12 years and under)

**Chicken Nuggets** with chips, salad and tomato sauce

**Penne** with napoli sauce, parmesan cheese

**Calamari** with salad

**Fish & Chips** with tomato sauce

**Grilled chicken** with steamed vegetables and jasmine rice (GF)

## DESSERTS

**Eton mess (GF) \$12**

Broken meringue, seasonal strawberries and whipped cream

**Chocolate and Amaretto Zabaglione (GF) \$12**

Italian style chocolate mousse

**Codes :**

**(V)- Vegetarian Option**

**(GF) – Gluten Free**

**Vegan options available on request**

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